

TITCHFIELD FRIENDSHIP AND MEMORY CAFÉ

A free service for seniors to make new friends, enjoy tea and cake and join in a range of activities. Everyone welcome – friends, family and carers.

Stay for the afternoon or just drop in. Give it a try - it may be the start of something new!

The café is dementia friendly.

Titchfield Community Centre,
Mill Street, Titchfield, PO14 4AB.

Second Wednesday of the month – 1:30pm to 3:30pm



For more information please call Home Instead on 01329 282469 or Titchfield Community Centre 01329 842 933

A free service provided in partnership by Home Instead Fareham and Gosport, Solent Mobility and Titchfield Community Centre

Home Instead
SENIOR CARE®
To us, it's personal.

Wed 13 March 2019
Wed 10 April 2019
Wed 8 May 2019
Wed 12 June @2:30pm
Wed 10 July 2019

Solent Mobility
CENTRE
Caring for your mobility needs